



St Mary's CE Primary School

Physical Education Curriculum Map

Year Blue						
	Autumn 1 Personal	Autumn 2 Social	Spring 1 Cognitive	Spring 2 Creative	Summer 1 Physical	Summer 2 Health & Fitness
Class 1	real PE Foundations Bike Adventure Tightrope Adventure	real PE Foundations Jungle Adventure Cat Adventure	real PE Foundations Train Adventure Space Adventure	real PE Foundations Fairytale Adventure Clown Adventure	real PE Foundations Pirate Adventure Juggling Adventure	real PE Foundations Seaside Adventure Squirrel Adventure
	Outdoor Play	Outdoor Play	Outdoor Play	Outdoor Play	Outdoor Play	Outdoor Play
Class 2	real Gym Y1 Unit 1 At home (Shape) Jungle Trip (Travel)	real Gym Y1 Unit 2 Park Life (Flight) Toy Box (Rotation)	real Dance Y1 Unit 1 Shapes/ Artistry/ Partnering/ Circles	real Dance Y1 Unit 2 Dress Up Your Performance		
	real PE Y1 Unit 1 Bike (Coordination Footwork) Pirate (Balance – 1 leg)	real PE Y1 Unit 2 Space (Jumping and landing Jungle (Balance - seated)	real PE Y1 Unit 3 Train (Balance – on a line) Tightrope (Balance – stance)	real PE Y1 Unit 4 Clown (Coordination Ball Skills) Seaside (Balance – with a partner)	real PE Y1 Unit 5 Juggling (Coordination Sending &receiving) Fairytale (Agility – reaction/ response)	real PE Y1 Unit 6 Squirrel (Agility Ball chasing) Cat (Balance – floor work)
Class 3	real Gym Y3 Unit 1 Travel – mapping pathways Rotation sequence	real Gym Y3 Unit 2 Flight sequences Balance – climbing sequences	real Dance Y3 Unit 1 Shapes/ Circles/ Partnering/ Artistry	real Dance Y3 Unit 2 Dress Up Your Performance	Swimming??	Swimming??
	real PE Y3 Unit 1 Coordination Footwork Balance – 1 leg	real PE Y3 Unit 2 Jumping and landing Balance - seated	Real PE Y3 Unit 3 Balance – on a line Coordination Ball Skills	Real PE Y3 Unit 4 Coordination Sending & receiving Balance – with a partner	Real PE Y3 Unit 5 Agility – reaction & response Balance – floor work	Real PE Y3 Unit 6 Agility – Ball chasing Balance – stance
Class 4	Real Gym Y5/6 Unit 1 Hand Apparatus Low Apparatus	Real Gym Y5/6 Unit 2 Partner work Large Apparatus	real Dance Y56 Unit 1 Shapes/ Circle/ Partnering/ Artistry	real Dance Y5/6 Unit 2 Dress Up Your Performance		
	real PE Y5 Unit 1 Endball Coordination Ball Skills Agility – reaction & response	real PE Y5 Unit 2 Steal the Treasure Balance – on a line Balance – with a partner	real PE Y5 Unit 3 Beanbag Raid Balance – stance Coordination Footwork	real PE Y5 Unit 4 Scorpion Handball Balance – seated Balance – floor work	real PE Y5 Unit 5 5 Jump Combinations Jumping and landing Balance – 1 leg	real PE Y5 Unit 6 Scatterball Coordination Sending & receiving Agility – Ball chasing



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Class 1	real PE Foundations Bike Adventure Tightrope Adventure	real PE Foundations Jungle Adventure Cat Adventure	real PE Foundations Train Adventure Space Adventure	real PE Foundations Fairytale Adventure Clown Adventure	real PE Foundations Pirate Adventure Juggling Adventure	real PE Foundations Seaside Adventure Squirrel Adventure
	Outdoor Play	Outdoor Play	Outdoor Play	Outdoor Play	Outdoor Play	Outdoor Play
Class 2	real Gym Y2 Unit 1 Toy Box (Balance) Jungle Trip (Travel)	real Gym Y2 Unit 2 Park Life (Flight) The Big City (Rotation)	real Dance Y2 Unit 1 Shapes/ Artistry/ Partnering/ Circles	real Dance Y2 Unit 2 Dress Up Your Performance		
	real PE Y2 Unit 1 Coordination Footwork Balance – 1 leg	real PE Y2 Unit 2 Jumping and landing Balance - seated	real PE Y2 Unit 3 Balance – on a line Balance – stance	real PE Y2 Unit 4 Coordination Ball Skills Balance – with a partner	real PE Y2 Unit 5 Coordination Sending &receiving Agility – reaction/ response	real PE Y2 Unit 6 Agility Ball chasing Balance – floor work
Class 3	real Gym Y4 Unit 1 Balance – acrobatic sequences Rotation sequences	real Gym Y4 Unit 2 Flight sequences with ropes Travel – Group sequences	real Dance Y4 Unit 1 Shapes/ Circles/ Partnering/ Artistry	real Dance Y4 Unit 2 Dress Up Your Performance	Swimming??	Swimming??
	real PE Y4 Unit 1 Coordination Footwork Balance – 1 leg	real PE Y4 Unit 2 Jumping and landing Balance - seated	Real PE Y4 Unit 3 Balance – on a line Coordination Ball Skills	Real PE Y4 Unit 4 Coordination Sending & receiving Balance – with a partner	Real PE Y4 Unit 5 Agility – reaction & response Balance – floor work	Real PE Y4 Unit 6 Agility – Ball chasing Balance – stance
Class 4	Real Gym Y5/6 Unit 1 Hand Apparatus Low Apparatus	Real Gym Y5/6 Unit 2 Partner work Large Apparatus	real Dance Y56 Unit 1 Shapes/ Circle/ Partnering/ Artistry	real Dance Y5/6 Unit 2 Dress Up Your Performance		
	real PE Y6 Unit 1 Tag Netball Coordination Ball Skills Agility – reaction & response	real PE Y6 Unit 2 River Crossing Balance – on a line Balance – with a partner	real PE Y6 Unit 3 Dodgeball Balance – stance Coordination Footwork	real PE Y6 Unit 4 Seated Volleyball Balance – seated Balance – floor work	real PE Y6 Unit 5 Jumpball Jumping and landing Balance – 1 leg	real PE Y6 Unit 6 Throlf Coordination Sending & receiving Agility – Ball chasing